



Superintendent Update: November 8, 2013

Quotes for the week: “The chief condition, on which life, health, and vigor depend on, is action. It is by action that an organism develops its faculties, increases its energy, and attains the fulfillment of its destiny.” Pierre-Joseph Proudhon

“It had long since come to my attention that people of accomplishment rarely sat back and let things happen to them. They went out and happened to things.”

Leonardo Da Vinci

To get things done you need to take action. Things seldom happen on their own. As one that believes strongly in having a philosophical base, I also have to come to terms with the idea of just getting things done. One can't always just talk about what needs to be done, one has to take action. I hope you enjoy the action tips.

1. Reconnect with the present moment.

This will help you snap out of over thinking and [just go and do](#) whatever you want to get done.

This is probably the best tip I have found so far for taking more action since it puts you in a state where you feel little emotional resistance to the work you'll do. And it puts you in state where the right actions often just seem to flow out of you in a focused but relaxed way and without much effort.

2. Be accountable to others.

If you tell a bunch of people that you are going to do something then it will be hard to not do it. You don't want to disappoint them. Or have to face up to them the next time you meet.

If you have a hard time getting going with something get some support. If you for instance workout, do it with a friend to motivate each other to take action – and actually go to the gym – when motivation runs low. Motivating each other and bringing enthusiasm when one of you is feeling low can really help to develop consistency and useful habits.

Think about how you can involve others to help all of you to take more action.

3. Be accountable to one's self.

In the long run a more consistent and perhaps healthier way to develop a habit of taking more action is to answer to one's self instead of others. To set your own standards and principles for how you will behave.



Over time you can become more and more consistent with acting according to your own standards. I believe that one of the keys to develop this kind of thinking is to get off a dependence on external validation and be more internally validated. If you can develop accountability to your own standards then it can be more consistent than the one you get from relying on being accountable to others. It comes from within so it doesn't have to rely on other, outer circumstances that may fluctuate.

It is also very useful to help you feel good about yourself and to help you grow. If you rely on being accountable to others and their validation then you may grow but also feel confined by what others expect from you. If you are accountable to yourself then you set your limits wherever you want them.

4. Lighten up.

One way to dissuade yourself from taking action is to take whatever you are about to do too seriously. That makes it feel too big, too difficult and too scary. If you on the other hand relax a bit and lighten up you often realize that those problems and negative feelings are just something you are creating in your own mind. With a lighter state of mind your tasks seems lighter and becomes easier to get started with.

5. Use a limited to-do list.

A to-do list is a simple and great way to remember what you are about to do. But it's easy to get overly enthusiastic when writing it and putting in too many items. And then when you look at that big list you feel drained and an urge to procrastinate.

Think about what the absolutely most important items on the list are. Just two or three. This list will seem less daunting and I have found that it makes it easier to actually take action and get those things done.

6. Choose instead of should.

Here's a small but useful tip. You don't really need to do anything. You always choose what to do. Thinking about things this way removes the "should" and "need tos" that take your personal power away and make you feel like you aren't in control. When you think that you choose to do whatever you do then you regain the control and power. And it becomes easier to take action.

7. Focus on the how instead of the ifs.

What if's can really mess with your mind. You can spend days, weeks or years thinking about what may happen if you take action. So instead of letting your mind get lost in what if's focus on



the how. In a situation focus on how you can do something, how you can solve a problem or achieve a goal. Do some research if you need to. Or get support and help from other people.

Focusing on the how puts your mind to better use and creates a positive attitude within rather than a negative and uncertain one. This makes it easier to take action without too much hand wringing and time spent over thinking things.

8. Get enthusiastic.

Enthusiasm is great emotional state to be in to get going and take action. And if you aren't feeling enthusiastic then that's OK too. You can pretty much always create enthusiasm within yourself.

9. Start small.

To get from a state where you just feel like sitting on your chair and doing nothing much to one where you take action over and over you can do this: start small.

Getting started with your biggest task or most difficult action may seem too much and land you in the area of Procrastination. So instead, start with something that doesn't seem so hard.

One of my easy tasks is simply to take a few minutes to clean my desk. Taking action, even small action, can move one to a better frame of mind in terms of feeling like one can accomplish something.

You may feel like me sometimes. I occasionally feel like there are so many things to get done, I don't know where to start. You may find yourself seemingly going around in circles. For me, taking some action, even the smallest of "to do" type items, gets me in the mind-set I need to be in when taking on complex tasks and problems with no apparent solutions. One has to start somewhere!

News for the week:

Wow! *Into the Woods* was another outstanding performance by our junior high drama department. Congratulations to Mrs. Hickey, her support staff and all the talented performers. It was another wonderful evening for the arts!

We had another fun noon school board meeting. We enjoyed a brief excerpt from *Into the Woods* from the drama department, a presentation by our National Navy Defence Cadet Corps, and an engaging time with the Junior High Student Council.



I had the honor of speaking to two different groups this week. I spoke to principals involved in a leadership program entitled Leader to Leader on Monday. The engagement was in Russellville and included principals from all across the state. My topic was “Hope and Wisdom.” My attempt was to inspire hope in the principals who would in turn inspire hope in their teachers and students. Hope is everywhere, but we have to make sure we find it and share it. I also spoke at my last school during their “Hall of Honor” induction week. I spoke with these students and teachers on Friday morning. It was my privilege to speak to two classes of students at Van Buren High School. The teacher in one of those classes was one of my former students. I am still a “teacher” at heart and it is always rewarding to have the opportunity to positively impact the life of a student. I shared the same message of hope with these students as well.

Bud Zorman did another outstanding job organizing the Veteran’s Day program at the Mountain Home Junior High. Our school board, area veterans, Congressman Rick Crawford and Representative Karen Hopper were in attendance. The National Navy Defence Cadet Corps, 9th grade band and other students played a role in the program as well.



It was a great week!

Enjoy this [Simple Truths](#) video

Have a great weekend everyone! Lonnie



Share My Lesson

Share my lesson is a web site for you to upload resources and lesson, to download resources and lesson and to attend free webinars concerning common core math and literacy issues, and next generation science. In addition each time you upload a resource, you are put into a drawing for \$500 gift card. It's free to join and free to use! www.sharemylesson.com

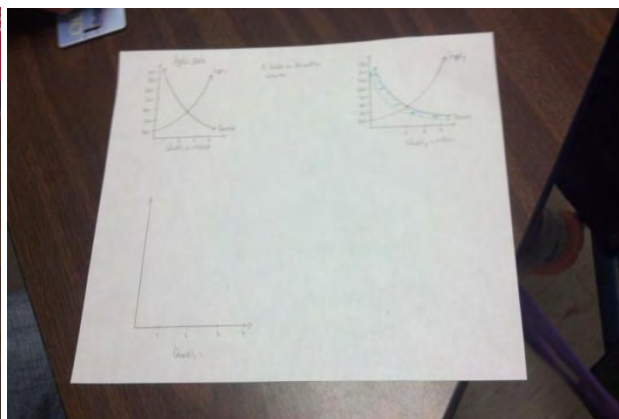
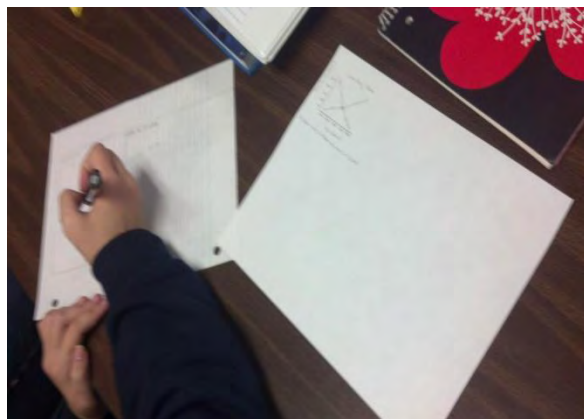
According to MLA (http://www.mla.org/style/style_faq/mlastyle_spaces)

How many spaces should I leave after a period or other concluding mark of punctuation?

Publications in the United States today usually have the same spacing after a punctuation mark as between words on the same line. Since word processors make available the same fonts used by typesetters for printed works, many writers, influenced by the look of typeset publications, now leave only one space after a concluding punctuation mark. In addition, most publishers' guidelines for preparing electronic manuscripts ask authors to type only the spaces that are to appear in print.

Because it is increasingly common for papers and manuscripts to be prepared with a single space after all punctuation marks, this spacing is shown in the examples in the MLA Handbook and the MLA Style Manual. As a practical matter, however, there is nothing wrong with using two spaces after concluding punctuation marks unless an instructor or editor requests that you do otherwise.

Mr Warden's Economic Class has been using mathematics to determine the cost of ipads based on supply and demand. Below are two pictures of the work the student's were doing. Way to go Mr. Warden in blending content areas!



PARCC Releases More Sample Items

Washington, D.C. - November 6, 2013 - The Partnership for Assessment of Readiness for College and Careers released new sample test items today. With this release, PARCC has now made public exemplar test items across the grades in both mathematics and English language arts/literacy.

These sample items are designed to help teachers, students and parents get a better sense of how PARCC will measure student learning in mathematics and ELA/literacy. The new assessments are aligned to the Common Core State Standards.

"As a teacher, I am extremely impressed with the sample items released by PARCC. These rich questions and authentic student tasks get to the heart of the standards and will give us more insight into student reasoning and understanding than current standardized tests," said Amy Spies, a Florida PARCC Educator Leader Cadre (ELC) member and middle school teacher.

PARCC is made up of 19 states working together to develop new computer-based tests. Schools are scheduled to field test the assessments this spring and roll them out formally in the 2014-15 school year.

The sample items have gone through a rigorous review process to ensure they are of high quality and reflect the range of items that will be on the operational tests.

"As a former teacher - and a parent - I know these items are exactly the kinds of experiences students should have," said PARCC Chief Executive Officer Laura Slover. "They will get to do real writing and solve meaningful problems, not just fill in bubbles."

"I use the sample items as a tool to see what I can learn about the standards, next-generation assessments and Common Core alignment. I take each one as a moment to improve instruction and professional development around the instructional shifts we are making," said Darren Burris, a Massachusetts ELC member and high school mathematics teacher.

PARCC will make all of its sample items available later this year on the PARCC technology platform, providing an opportunity for students and teachers to try out the assessment system in the manner in which it will be administered.

For more information about PARCC, please visit www.parcconline.org.

MAINTENANCE MATTERS

Work continues at the Auxiliary Services Building with additional framing in the food service office area. We will be ready for the plumbing and electrical installations before long. The overhead heater in the food service warehouse has been delivered and is ready to install. Gas lines will be run to the units. Electrical conduit rough-in has begun in the food service offices. The upstairs storage area over the food service offices is being completed. Mike Walker picked up an outside door for the FIRST area yesterday in Harrison and that has been installed. The pile of rubble around this building is being bull dozed by Mike Armocido. This is being moved to the back of the property to make the area more presentable.

Some of the borders around the playground areas have been rebuilt. The regular monthly inspections are taking place. The mowers are being readied for leaf removal and mulching the lawns throughout the district.

Have a great weekend.

Grandparents Day at Kindergarten!



NELSON-WILKS-HERRON

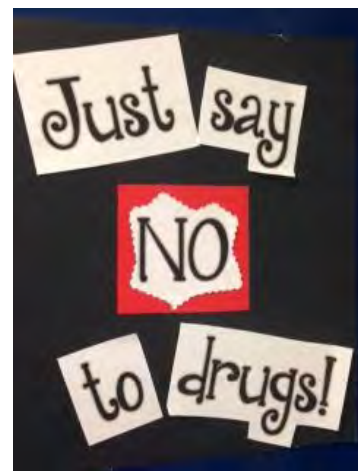
Red Ribbon Week Contest

Congratulations to Ms. Goings (1st grade) and Mrs. Kressin's (2nd grade) classes for winning the decorating contest during Red Ribbon Week last week!



Ms. Goings

Mrs. Kressin



Food Drive

NWH students and staff collected approximately 900 food items for ARVEST Bank's Million Meals Food Drive. Since the goal of 350 food items was exceeded, Mrs. Sabo had to kiss a pig!



Paying It Forward!

Loren Davis, a student at Mtn. Home Kindergarten, donated some shoes that she collected in lieu of presents for her 6th birthday. She was able to handout 50 pairs of shoes for kids in need. Thanks Loren for thinking of others!



Hackler Intermediate School

965 West Road, Mtn. Home, AR 72653 ~ Phone 425-1288 / Fax 425-1290

Principal: Sondra Monger

Asst. Principal: Kevin Roach
Asst. Principal: Cassy Fowler

Counselor: Terry Berry
Counselor: Kristyn Goodwin



Where Individual Learning Develops

November 7, 2013

Around our School

- Pre-order your yearbook. The yearbook is in color and the cost is \$23 with name and \$20 with NO name engraved on the cover. We will take orders from November 1st thru December 6th. You can order online at www.inter-state.com/yearbook and the code is 410069
- Progress reports go home on November 14th.
- Make up pictures will be November 19th beginning at 8:00 am.
- No school November 25th - 29th for Thanksgiving break.

Give
Thanks

Notes from Nurse Wendy



- We are starting to see some illnesses at Hackler. Please remind your child to wash their hands often, use soap and water & GermX throughout the day to prevent the spread of germs.
- If you have borrowed clothes from the nurse, please return them as soon as possible.

TRANSPORTATION

Did you know that we get an average of 40 to 50 phone calls for student transportation changes each day? That means there are 40 – 50 classroom interruptions in the classroom every day. We need your help. These messages are emailed to your child's teacher to give to your child. Please help us solve the problem of interrupting classes because Hackler teachers want to teach every minute possible. Please do not call the office to make transportation changes unless it is an absolute EMERGENCY. If you call after 2:00pm, we will not guarantee that your child will get the message. Your child's teacher appreciates your help with reducing the number of interruptions during classtime.

ATTENTION PARENTS

- ❖ Remember to follow the **NO PHONE ZONE**. Safety of our students and staff is our number one priority!
- ❖ Arkansas Code [6-21-609 \(1999\)](#) prohibits smoking or use of tobacco products on any property owned or leased by the school district. A copy of the policy shall be posted at the entrance of every building owned or leased by the public school and on every school bus used to transport public school students.



November 19th - 3rd grade music program, "How to be a Pirate". There will be two performances. The 5:30 performance will include the following classes: Johnson, Dwyer, Wescoat, Smith, Childress and Whiteaker. The 6:30 performance will include the following classes: Kohler, Zwicker, Paden, Cash, Spivey, Morris, Dibble and Lawrence. Rrrr you ready?

Youth Volleyball sign ups

Ages 8 - 12

Academy

Practice

Basic skills & drills

November

**5th, 6th, 7th, 12th,
13th and 14th**

**\$25.00 per kid non Youth club
members \$5.00 Youth Club
members. 4:00 to 5:30**

**Please Make checks payable to:
Jay Sabella**

**Kids can take the Youth Center bus
from school**



Ages 9-12

Volleyball

League

Weeks of

November 18th thru

January 17th

\$45.00 per kid

**For more information Call
Jay Sabella - 870 404 6865
Youth center - 870 424 7275
Please Make checks payable to:
Jay Sabella**

L C Sammons Youth Center

1101 Spring Street, Mountain Home, AR 72653

What do you get when you cross on-line shopping and Box Tops?



An excellent way for Hackler to earn extra box tops simply by shopping on-line. It is easy, all you have to do is go to boxtops4education.com

1. Click on EARN
2. Join (Hackler Intermediate)
3. Shop
4. Earn instantly!!!

There are over 250 retailers that give Box Tops to schools just for shopping on-line. The only catch is that you have to enter the store's website through www.boxtops4education.com for Hackler to receive credit.



APPLES FOR EDUCATION



Educational technology changes daily! That's why Hackler Intermediate is taking part in the Town & Country Discount Foods Apples for the Students program that will help us earn needed educational awards without dipping into tight school budgets. Thanks to the Town & Country Discount Foods Apples for the Students program, we can receive computers, software, sporting goods, audio-visual aids, science items, and other teaching tools FREE in exchange for Town & Country Discount Foods register receipts. When you shop at Town & Country Discount Foods, save your receipts. Better yet, don't just save your own receipts – ask your friends and relatives to save theirs too! Send them to the school weekly and Apples for the Students volunteers at the school do the rest.



The end of October was WILD at Hackler!

We started off the week celebrating Red Ribbon Week.

How did Red Ribbon Week come about? Enrique Camarena was a DEA Special Agent. After serving in the marines, Enrique joined the Police Department in El Centro, California where he worked as a Narcotics Investigator with the Drug Enforcement Administration. He was concerned about the drug problem in our country. He knew that being a Special Agent would be very dangerous, but he was determined to make a difference by helping the people he cared about.



Enrique was abducted in Mexico, tortured, and brutally murdered by drug traffickers. The nation mourned the loss of a hero. He gave his life in the fight against drugs, and the public wanted to do something to remember the ultimate sacrifice he paid. Red Ribbon Week started in 1985 in his hometown and soon spread across the country. The event was formalized in 1988 when President and Mrs. Reagan served as the Red Ribbon honorary chairpersons.

We take this week as an opportunity to encourage our students to take a stand and just say no to drugs. Together we can make a difference in our schools, our town and our country.

Each day of the week was a dress up day with a specific theme:

"I'm A JEAN-ious, I'm Drug Free" - Wear Jeans on Monday, October 28th.

"Sock-It to Drugs" - Wear Crazy Socks on Tuesday, October 29th.

"Orange You Glad You're Drug Free" - Wear Orange on Wednesday, October 30th.

"You Can Be Anything You Want To Be, As Long As You Stay Drug Free" -

Wear Halloween Costume on Thursday, October 31st

"RED-y To Live Drug Free and Make A Difference" - Wear Red on Friday, November 1st.

However, Thursday was our favorite day!

Look who paid our school a visit.





This is why we love being at Hackler!

Pinkston Middle School



Week ending 11.8.13

Congratulations Pinkston Choir!

On October 26, 2013 nearly 1100 7th, 8th, and 9th graders auditioned for Northeast Arkansas Jr. High All-Region. They sang a portion of three songs in a blind audition and were score by three judges. These students were then ranked according to their score. Pinkston Middle School had 8 seventh grade students to make the top 20 and earn a place in the All-Region Choir. Seven of these students participated in the All-Region Clinic on November 2, 2013 and performed in Riceland Hall at ASU Jonesboro. Congratulations to: Eden Webb, Gracie Patterson, Kaitlyn Vacco, Anna Taylor, Jordan Gore, Haley Cornwall, Madeline Gough, and Ally Hopper.



Pedigree Dogs visit Pinkston



On November 6th the halls at Pinkston Middle School were filled with kids and . . . DOGS! Ms. Kelsh, 6th grade science teacher, organized an event for the 6th graders that they will not forget. Pedigree dogs and their owners came to talk to 6th graders about their pedigree dogs and what makes a pedigree dog. Thank you Ms. Kelsh and thank you dog owners for sharing your pets and knowledge with us!

7th GRADE Health and Safety Classes



Students in Coach Newsom's 7th grade health and safety classes hosted two nurses from the Baxter Regional Medical Center trauma center this past week. The nurses, Mandy Pender and Kelly Dicks, shared with students the cause and effect of different types of risky behaviors primarily texting and driving. All students viewed a short video, simulated being put on a stabilizing board, and received a thumb ring and wrist bands. The thumb ring carries a simple message to not text and drive. Coach Newsom and the nurses feel that 7th grade is a prime time to begin sharing the message of safe driving. Students in the 7th grade are beginning to think about getting their driver's license, begin taking the written driving exam, and some are able to get their permit before exiting their 7th grade year. Thank you to all that arranged this event for our students!

Pinkston Yearbooks on Sale Now!!!

Order forms will be sent home in advisory classes or can be picked up at the main office. Yearbooks will be \$30 plus sales tax. Get yours ordered now!



Beatriz R. 7th

Pinkston Book Fair!

Monday, November 4 until November 12! Scholastic is sending a great variety of books and “stuff” as they like to call it for you to purchase. Lots of Gordon Korman books to buy so that when he visits in December you can get his autograph. Remember students, you will come with your literacy teachers!



Pinkston Box Tops News

The Halloween candy-grams using your “box top bucks” was a huge success! We will be able to use those more this year.

WE HAVE A NEW CHALLENGE! For the months of November and December we are having an advisory classroom challenge. Bring your box tops to any of the drop sights around school or with your advisory teacher. The leader will be announced every Friday. The advisory classroom that has the most box tops collected by December 13 will win a pizza party on December 20! Teachers we haven't forgotten you because you will get gift certificates for Subway and Blackbird cafe! Get your families and neighbors to help collect.

Pinkston also collects Campbell soup labels (which includes a lot of brands) so please send in those labels and it will help us earn incentives and equipment for Pinkston!



Follow us on
twitter

We are on Twitter! @Pinkstonmiddle

EAST at Pinkston Tweets @AdunavanEast

7th Grade Promise has Twitter and Tweets 2 @deniselauerman

Pinkston Choir TWEETS! @Pinkstonchoir

DARE is on Twitter @mandeelove32

Pinkston Media Center joined TWITTER!

Pinkston Media Center @pmslibrary12

Upcoming Events for Pinkston Middle:

6th Grade attends INTO the WOODS – Nov. 8

Songs of Freedom – November 11

Make up Pictures – November 19

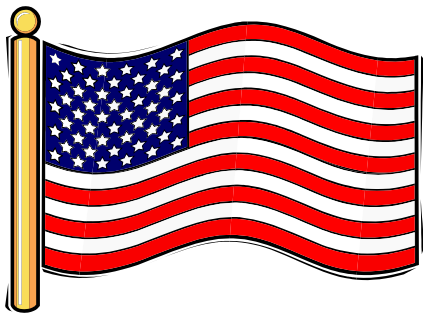
Mountain Home School Board Meeting – November 21

Thanksgiving Holiday – November 25-29

7th Grade Band Concert – December 10

Choir Concert – December 17

Second Quarter ends – December 20



GBCCA STUDENTS VOLUNTEER FOR NORTH CENTRAL ARKANSAS VETERANS' COUNCIL

Guy Berry students volunteered Friday morning, putting up American Flags at Veterans Plaza, the Baxter County Courthouse, and at Baxter Memorial Gardens for Veterans Day.



Athletic Friday Focus – November 8, 2013

Good luck to both Cross Country teams as they compete in the State Meet tomorrow at Oaklawn in Hot Springs.

Congratulations to tennis star Christian Mathis. Christian was named Wendy's State Player of the Year for boys' tennis. Wendy's selects one male and one female in each sport. They will recognize all individual winners at a luncheon next spring. Thanks to Coach David Moore for nominating Christian, the two-time Class 6A individual State Champion in tennis.



Christian Mathis

Tonight is our last home football game for this season. We will recognize our seniors and their parents in football, cheer, dance, and band. The recognition starts at 6:30; kick-off is set for 7:00. We need all Bomber fans on board as we look to upset the West Memphis Blue Devils.

Winter sports' season is just around the corner. We will host Paragould in girls' basketball next Tuesday at the Hangar. Action with the 7th grade girls starts at 5:00; varsity girls will start about 6:00. This is an Arkansas Activities Association (AAA) building fund game and free admission will be by a AAA card only – proceeds will go to the AAA for the catastrophic insurance fund.

Go Bombers,
Janet Wood, AD

MOUNTAIN HOME JUNIOR HIGH

The Mountain Home Junior High was host to the 5th Annual "Freedom Is Not Free" Program in honor of Veterans Day! The program was a tremendous success with 58 Veterans in attendance, as well as all 9th grade students and teachers. Guest speakers were Congresswoman Karen Hopper and Congressman Rick Crawford. Thank you to Mr. Bud Zorman for organizing this fantastic program! **THANK YOU TO ALL OUR VETERANS!!!**



The following is a letter sent to our school by Steven and Danielle Sanders regarding the "Freedom Is Not Free" Program:

Mr. Zorman,

We wanted to commend you on your excellent program today. What an exceptional way to educate our young students about the day, the meaning behind it, and why those who have served deserve to be recognized. We actually came to watch our son, Sean Munson, participate in the band, and didn't expect to be part of such moving celebration of service.

We are the local franchisees of El Chico Cafe and wanted to pass along an invitation for a free entree on Monday, Veteran's Day. We are extremely proud to be able to honor those who have served and this is just a small way to say thank you. We invite you to share this invitation with your friends and students, as well. It seemed from the number of people who stood up during Rep. Crawford's survey, that there are several in the area who might enjoy this.

Another way we are honoring our Veterans is by running their name, along with a thank you message on our digital marquee at the restaurant. We are also offering the option of posting them on our Facebook page that day with a thank you message. Submissions can be made by messaging us on facebook - www.facebook.com/elchicomh or by email to manager@elchicomh.com (photos encouraged). Again, please feel free to share this with your students. We also have plans to have a Fallen Warrior table at the front of our restaurant.

We appreciate you and thank you for your service to our country and your continued service to our young adults in helping them become good citizens with a sense of service to our community and country.

Sincerely,

Danielle and Steven Sanders



because Mama loves heroes

FREE ENTREE

for all veterans & active military
Monday, November 11, 2013

We salute our veterans & appreciate all you have done for our country. Come try our new Carnitas Empanadas or other entree of your choice on us this Veteran's Day.



VETERAN'S DAY
2013

Veterans and active duty military please show proof of military service (fatigues work too!). Limit \$13. Excludes tax and gratuity. 11/11/13 only.

The following students did a Great job discussing our Veterans' Program on Mountain talk Radio on November 4th. The Students are: Ariana Schlax, Taylor Hasselwander, and Logan Reding.



MHJH hosted the noon Mountain Home Public School Board Meeting on November 6th. School Board Members and Central Office Administration/Staff saw presentations from NJROTC, Drama, FFA, Computer Applications II, and Student Council. Our students did an awesome job presenting all the good things that are going on at MHJH! The Student Council also made a sign out of hands that showed our guests what they were thankful for both personally and at MHJH.



A local Marine Recruiter, Sgt. Ricketts, spoke with Mr. James Maze's and Mr. Bud Zorman's 9th Grade Civics Classes about the Toys-For-Tots Program sponsored by the United States Marines. The students were asked to volunteer to help the Toys-For-Tots Program make the Christmas Season a little brighter for disadvantaged families.



Raymond Walter received the Honorary American FFA Degree in Louisville, KY during the 86th National FFA Convention & Expo last week. The award is given to those who advance agriculture education and FFA through outstanding personal commitment. 32 FFA members, parents and advisors from Mountain Home traveled to Louisville Kentucky to participate in the National Convention.



Raymond is permanently wheelchair-bound by the progressive-degenerative neuromuscular disease Duchene Muscular Dystrophy, but he doesn't let much stand in his way. He graduated from Mountain Home High School at only fourteen and has just graduated college at age eighteen. In his time at Mountain Home Public Schools, he was a very active and competitive member of the FFA. Indeed, he believes it was essential for his present success. Upon entering the University of Arkansas at age fourteen, Raymond was an Arkansas Governor's Distinguished Scholar and a Chancellor's Merit Scholarship. He was also a National Merit Finalist

At age eighteen, he graduated magna cum laude with a Bachelor of Science in mathematics, physics, and economics – a triple major. In the fall, he will be enrolled in both the mathematics and physics doctoral programs at the University of Arkansas; he expects to complete both programs in 2017 at age twenty-two.

With his accelerated academic timeline, Raymond missed the opportunity to apply for an American FFA Degree. Raymond continues to be an outstanding role model and inspiration to the Mountain Home FFA Chapter, his FFA advisors, and the Arkansas FFA Association. On those grounds, we strongly recommended him for the Honorary American FFA Degree.



86th National FFA Convention & Expo

1st Row: Raymond Walter

2nd Row: Bree Cannon, Kaycee Grissum, Wyatt Petty, Taylor Richie, Macie Kelly, Tiffany Johns, Rachel Brozynski

3rd Row: Richard Grissum-advisor, Zach Martin, Zac Norwood, Maddie Grothe, Austin Wachtel, Tara Hentz, Shelby Cambell, Courtney Crawford, Jacquie Albright-advisor

4th Row: Caleb Burnley, Bryce Rohr, Bodie Cotter, Mason Smith , Carson White, Lucas Dooley, Jacob Settles, Josh Baker – advisor

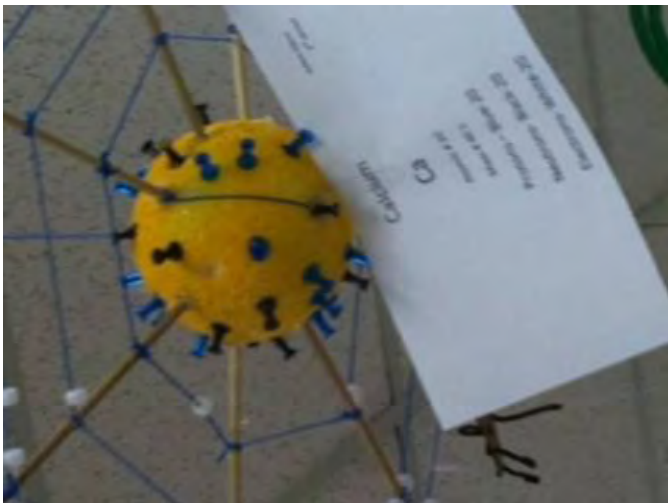
Mountain Home FFA joined 62,998 members from around the nation to attend and compete at the 86th National FFA Convention & Expo in Louisville Kentucky October 29 – November 1.

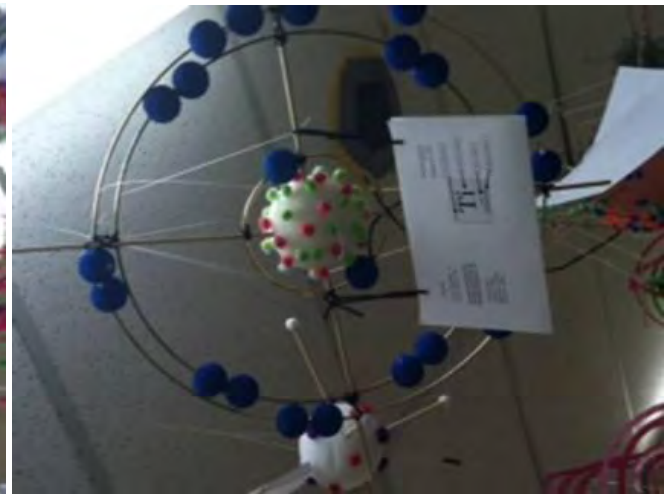
- 32 members, advisors, & parents attended from MH
- Bryce Rohr traveled with AR dept. of Ed, and served as a national delegate
- Raymond Walter received the honorary American degree
- American FFA Degree was bestowed upon Hannah Cotter, Cody Hiliker, Ashley Jones and Kaleb Johnson
 - HS Ag Business Mgmt team – 14th in the nation – Silver. *Bryce Rohr – 20th individual in the nation (gold), Lucas Dooley(gold), Kaycee Grissum(silver), Carson White (silver)

The members attended the National Career Fair, listened to motivational speakers including Rick Pitino, and attended a Dierks Bently concert.



Students in Mrs. Michelle Ludwig's 9th Grade Physical Science Classes have been making models of elements from the Periodic Table. Each student has to learn as much as he/she can about the element, make a model, and then present their knowledge about the element to the class.





Abbi Kendall shows Ms. Lawrence her Mickey Mouse pancake. We are studying child development this week in FACS. She is learning a fun way to prepare food for kids! Sara Johns, Caleb Ferguson, and Brooke Spears also work on the Child Development activity.



Nov. 8, 2013

MHHS CAREER ACADEMIES

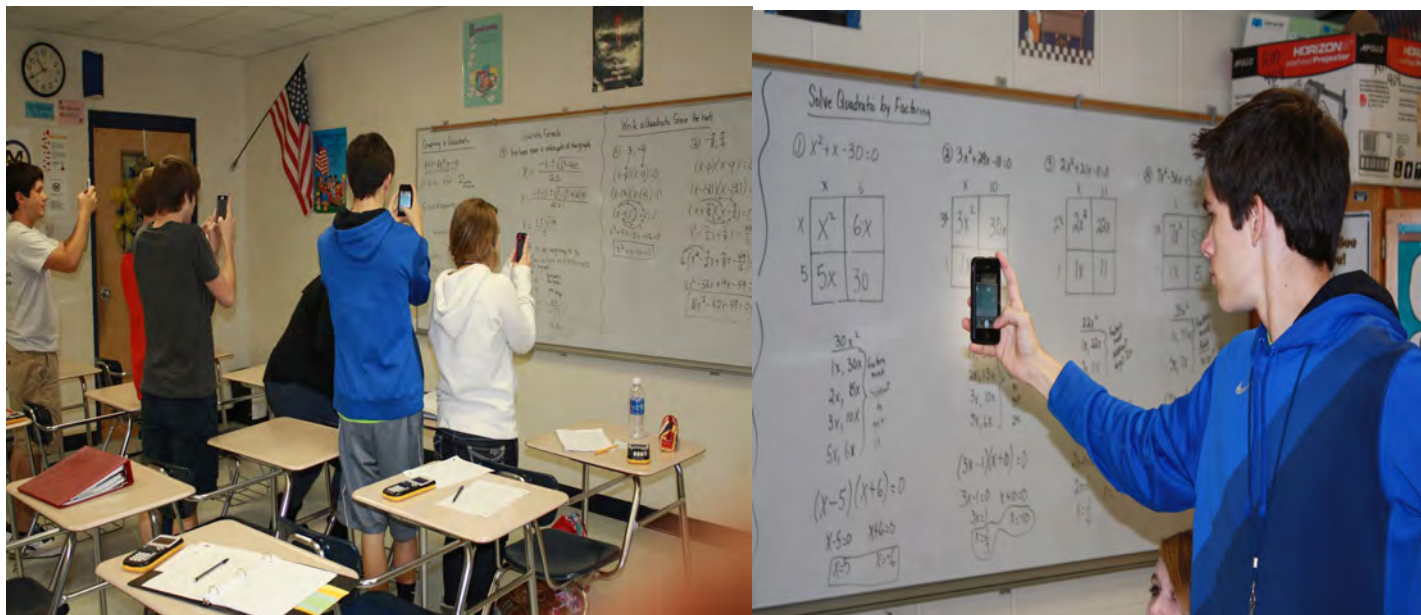
Red Ribbon Week



MHHS students showed their support for National Red Ribbon week by dressing up each day. Those who participated also had the opportunity to have their name put in a drawing for a \$25 gift card. The theme this year was "A Healthy Me is Drug Free."



Technology in the Classroom:



Recently in Ms. Kathy Wham's classroom, students used their cellular devices to get notes off of the board. The students later used the notes to complete work in class due to Ms. Wham being in Phoenix, AZ accepting the Model Sta-

COMMUNICATIONS ARTS BUSINESS

CAB ACADEMY

Business Expo 2013



On October 30, 2013, twenty-four businesses visited the CAB (Communication, Arts, and Business) Academy at Mountain Home High School Career Academies for our first CAB Academy Business Expo. CAB students signed up with the help of Mrs. Sheri Smith's business classes, in the cafeteria, the week before the business expo. Mrs. Smith's classes created posters, index cards with the CAB students rotations, and a master schedule for the event. CAB students participated in four 25 minute rotations. Business professionals, from Mountain Home, were invited to participate and speak about their education, dress code, and a typical day at work .



Evan Webb, Savannah Babington, and Abby Fowler set up presentation areas for the Business Expo presenters.



CAB students Robert Manning, Jayden Phillips, and Kayla Maupin assist Rheagan Hill and Jordan Finely register for the CAB Business Expo in the MHHS cafeteria.



JClare Studios presented to Mountain Home High School CAB students during one of the four sessions students attended on October 30th.



“Taking Care of Business”



KTLO presented a PowerPoint to the CAB students about the radio station and community involvement.



Attorney Emily Reed discussed a variety of topics concerning the law, educational background needed to become an attorney, and many current law issues students hear about in the news.

The seniors at Mountain Home High School Career Academies welcomed three guest speakers during their Academic Advisory Period on Tuesday, November 5, 2013. The three speakers were Major Johnny Poff from the Salvation Army, Dr. Paul Wilber from the Christian Clinic, and Mr. Jeff Quick from the Food Bank of North Central Arkansas. These three men talked to the seniors about what it means to volunteer, how easy it is to volunteer, what it means to our community, how it can become a passion if you will let it, and that it is just plain "good for you," according to Dr. Wilber. They talked about how easy it is to volunteer in the community with money, supplies, food, and, most importantly, time. They talked about how all three of these organizations work hand-in-hand to make Mountain Home and all of North Central Arkansas a better place to live for ALL.

Volunteerism Benefits Students and the Community





Mentors and their "furry friends" visited Mountain Home High School today! Pictured is Mrs. Cathy Beckham's advisory with mentor, Helga Friedland and her daughter Katarina, and their kitten, "Marie." Katarina spoke to students about employment opportunities from her perspective as a young adult.

Back row: Kyle Stephens, Bryce Rohr Katerina Frieddland, Eliska Wurfel. Front row: Kelsey Raney, Mrs. Firedland, Lauren Reding, Jon Paul Reese, and Tess Russell.



Thursday October 31 and Friday November 1, several MHHS teachers attended ACC (Arkansas Curriculum Conference) in Little Rock. Representing the High School were Toni Rogers, Nancy Easterling, Scott Small, Marsha Daniel, Carol Wegerer, Jennifer Brooks, Deborah Teems and Jeanne Bushey. Deborah also conducted a 2 hour session on incorporating Forensics labs into your classroom. The teachers came away with a lot of new information, ideas and techniques to use in their classes, and were excellent representatives for MHHS.

October Volunteer Board Report **3,053.75 Volunteer Hours**

Kindergarten – 23 volunteers, 440 hours

Volunteers copied, laminated, and cut materials for teachers. They copied and created student books. Volunteers counted BoxTops and took home items to cut out. Upcoming events are Nov 7th and 8th Grandparents Day and Nov 7th through Nov 15th Book Fair.

Nelson-Wilks-Herron – 56 volunteers, 837 hours

Nelson Wilkes Herron volunteers have been busy working on Halloween projects and booklets for students. We have seen lots of creativity throughout the halls and doors with fall decorations by the volunteers and teachers as well as ongoing copying of class work and booklets for students. Volunteers helped out in the front office by answering telephones, copying, and running errands throughout the building. They also work with Mrs. Human in the Library. Flu Clinic and Vision/Hearing testing was a breeze with the help of our volunteers. They also helped Mrs. Sabo by making s'mores for perfect attendance students and popping popcorn for good behavior students. Lastly, lots of students enjoyed carving pumpkins the assistance of our wonderful volunteers!



Volunteer, B.J. Atkinson, helping some NWH students in Halloween disguise!



Volunteer, Amanda Williams, working with students in a classroom



Thank you volunteer, Bob Harris!

Hackler – 72 volunteers, 697 hours

Volunteers copied materials for teachers, laminated work, copied newsletters, created bulletin board displays and decorations. Volunteers helped with picture day and organizing the Elks Clothing Closet. We also worked counting BoxTops and assisted students with extra help in math. Volunteers chaperoned students on fourth grade field trips to the Mountain View Folk Center which is always a favorite trip for the students.



Pinkston – 21 volunteers, 180 hours

Volunteers copied materials, created bulletin boards, decorated 7th grade halls for The Outsiders book study and 50's Day, bagged 50s day candy, laminated materials, processed BoxTops, distributed weekly snack packs, and washed/dried/sorted clothes for the clothing closet. Volunteers assisted with Flu Clinic, picture day, Hearing/Vision Screening, candygrams, teen summit, and more. 50s day was a day full of fun for students, volunteers, and teachers. Volunteers greeted parents to the choir/band performance and organized a Bomber Soda Shop where we served root beer floats. Community volunteers brought cars from the 50s to the school for the students to enjoy.

Volunteer, Candice, preparing paper for hall decoration.





Working on the fountain from The Outsiders.
The possibilities are endless with a glue gun!



Thirsty students enjoying root beer floats at the Bomber Soda Shop

Jr High –20 volunteers, 80.75 hours

Volunteers assisted with hall monitoring during the lunch hour, photocopied materials, and collected and organized items for the clothing closet. We also assisted during Hearing/Vision Screening and Flu Shot Clinic. Volunteers worked with students to create a frozen homecoming float and helped with other homecoming festivities.



Volunteers hard at work helping students construct the Homecoming float.



High School – 168 volunteers, 819 hours

Athletics volunteers (67) worked as assistant coaches and athletic game organizers, and provided food for team members. Band Booster volunteers (91) ran game concessions. Volunteers also helped with the Homecoming floats and general copying and assistance. Parent Center planning volunteers met to discuss the organization and role of a Parent Center in the high school.